

Duke Geriatric Education Center (GEC) IPEC Workshop III
Individual and Team Commitment Pledge

After your work with the Interprofessional Teamwork Matrix and the Interprofessional Teamwork Inventory, take a few minutes to reflect. Please write down an individual and team pledge or commitment that will further your improvement plan. We will contact you in the next 3-4 months to check in and see how things are going. Please provide a phone number or email address for how you would like to be contacted: _____

Individual Pledge

Name: _____

I am committed to the following tiny habit:

After I (or every time I) _____,
(existing habit or concrete action done regularly)

I will _____.
(new tiny behavior)

Signed: _____

Team Pledge

Name of Team: _____

Our team is committed to the following tiny habit:

After we (or every time we) _____,
(existing habit or concrete action done regularly)

we will _____.
(new tiny behavior)

Signed: _____